

Monrovia Bulldog Athletic Code (2009-2010)

1. Participation in athletics is a privilege earned by meeting the standards set by Monrovia High School, the West Central Conference, and the Indiana High School Athletic Association (IHSAA).
2. In the event of questions regarding eligibility, contact the Athletic Director or the Principal before eligibility is endangered.
3. To be eligible to represent your school in interschool Athletics YOU:
 - a. Must be a full time student in good standing in the school you represent.
 - b. Must have enrolled not later than the fifteenth day of the current semester.
 - c. Must have received a passing grade in at least five full credit subjects or the equivalent during your last grading period, except that the semester grades shall take precedence at the end of a semester; and must be currently passing in at least five full credit subjects or the equivalent.
 - d. Must not have reached your twentieth birthday before the finals of the IHSAA Tournament in the sport that he/she participates in.
 - e. NEW/TRANSFER STUDENTS: If you did not attend Monrovia High School the entire school year last year, you and your parents/guardian/custodial person must see the Athletic Director to complete an IHSAA transfer form before you are eligible:
 - (1). Unless you are entering the ninth grade for the first time.
 - f. Must not have been enrolled more than 4 fall semesters and 4 spring semesters beginning with grade 9, nor have represented a high school in a sport more than four years.
 - g. Must have filed with your athletic director each school year, between May 1 and your first practice, your completed Student-Parent-Physician Certificate.
 - h. Must not have transferred from one school to another for athletic purposes as a result of undue influence or persuasion by any person or group.
 - i. *Must not reflect discredit upon your school nor create disruptive influence on the discipline, good order, or educational environment in your school.*

j. Girls shall not be permitted to participate in an IHSAA tournament program for boys when there is an IHSAA tournament program for girls in that sport in which they can qualify as a girls' entrant and vice versa.

k. This is only a summary of the rules of the IHSAA. Contact your school Athletic Director for further information and before participating outside of your school.

4. Equipment And Supplies

A. Issuing of Equipment

a. No athletic equipment bought by the athletic department and issued to squad members may be worn outside of practice or game situations.

(1). Exception: With the approval of the Athletic Director, athletes may wear game jerseys or shirts on the day of a contest.

(2). Each coach must inform his or her squad of the limitations of this rule.

(3). The ATHLETE will be responsible for returning all equipment in acceptable condition.

(4). The athlete will be charged the replacement cost for equipment lost or damaged by abnormal use.

(5). The coaches are to issue all game and meet equipment and uniforms at the start of each season and check the equipment in at the end of each season.

(6). All equipment shall be fitted by the coach to insure proper size and to protect against injuries.

(7). Squad members should be instructed in the proper care and laundering of equipment.

(8). Equipment issued to athletes remains the property of the school unless the athlete pays part or all the cost with the agreement that the equipment is then the property of the athlete.

(9). The athlete is responsible for the proper maintenance and replacement of equipment. If equipment has not been returned, the person responsible will not be allowed to participate further in athletics until the equipment has been returned or payment for the lost equipment has been received. The Coach and the Athletic Director shall be responsible for the proper resolution of any such problem.

5. Injuries

1. In the event of injury, the coach should administer first-aid immediately unless the athletic trainer is present. The welfare of the individual athlete is first and foremost.

2. In the event of an injury that is thought to be serious, the parent or guardian is to be contacted immediately and advised of the injury. If, in the coach's opinion, the injury is serious enough to warrant the immediate summoning of ambulance, the ambulance should be summoned and the parents notified as quickly as possible. The coach is to arrange for an adult to accompany the injured athlete in the ambulance or to follow in an automobile and then stay with the athlete until the parents arrive.

6. Overnight Squad Trips

1. Approval of the athletic director must be obtained for any overnight athletic trip.

2. The coach of a squad making an overnight trip, or one of a longer duration, must forward a letter to the parents of the athletes involved with the following information:

a. Purpose of trip

b. Date and time of departures

c. Date and estimated time of arrival upon return

d. Location of lodging for squad

e. Method of contacting athletes in case of emergency

f. Method of travel: If transportation is by private automobile, the names of adult drivers and the passengers in each vehicle are to be listed.

g. A breakdown of expenses and who will assume the expenses is to be included.

h. A parental consent form granting permission for the athlete to take part in the trip must be signed by the parent or guardian and then be presented to the Athletic Director prior to the trip.

7. Sunday Practice

A. There shall be no contest, practice, formal or informal team meeting scheduled on Sunday (IHSAA Rule).

8. Hazardous Weather Conditions

A. Postponing practice

a. On days when school attendance is canceled, all athletic practice and/or events will also be cancelled.

b. Coaches are to inform the players of the cancellations of the practice or the game.

c. Lightning policy

1. Severe weather should always be taken seriously by every coach and athlete.

2. If you can see lightning, you are in danger. Suspend all activities and find shelter immediately.

9. Sportsmanship

A. Sportsmanship and character are to be emphasized at all times. *Unsportsmanlike conduct* will not *be* tolerated.

B. Procedure for athletes being disqualified or ejected for unsportsmanlike conduct:

1. A conference between the athlete, head coach, and athletic director will be held the following school day. Each case is decided on its own merits.

2. Penalties will be decided in each case with no precedent being set by any case. A meeting with the Athletic Director and the Principal may follow.

3. Penalties may range from a conference with the athlete to dismissal from the team, suspension, or exclusion from all athletics.

4. The athletic council is the governing force that makes all decisions regarding long term suspensions, dismissals, and exclusions. The athletic director will present the information available to the council. The council will deliberate to make the best decision that is best for the student-athlete and the team.

C. Absence Of Athlete From School

1. A student athlete must attend at least 4 classes in order to participate in a school event unless a doctors note is provided. Exceptions to this policy may only be made by the principal. This is IHSAA guidelines.

2. An athlete shall not be eligible for practice or contest participation while suspended from school attendance.

RESPONSIBILITIES OF ATHLETES AT CONCLUSION OF SEASON

A. Letter Awards

1. Qualifications for awards:

a. **Football**- The player must participate in 13 quarters or 40% of the varsity quarters played to earn a varsity letter. All other members of the team not attaining this standard will receive a reserve certificate.

b. **Cross Country**- In addition to the general requirements, a runner must place in the top seven of the team in 60% of all meets in order to win a varsity letter. All members of the team not attaining this standard will receive a reserve certificate.

c. **Boys Basketball**- In addition to the regular requirements, a player must have played in 40% of the quarters during the regular season. Those players not attaining this standard or those players on the “JV” team will receive a JV certificate.

d. **Baseball**- Baseball players must participate in 40% of total innings played. Pitchers must pitch 1/3 of the total innings. Designated hitters must play in 40% of the total innings.

e. **Softball**- Softball players must participate in 40% of total innings played. Pitchers must pitch 1/3 of the total innings. Designated hitters must play in 40% of the total innings.

f. **Track and Field**- In addition to the general requirements, a member must score an average of 1 point per meet in varsity competition. All members of the team not attaining this standard will receive a certificate.

g. **Girls Basketball**- A player must achieve varsity status by participating in 40% of the quarters of the season.

h. **Volleyball**- A player must achieve varsity status by participating in 40% of the quarters of the season.

i. **Boys and girls golf**- A golfer must participate in at least 60% of all golf meets. All players not eligible for a varsity letter will receive a reserve letter. A golfer must play in the sectional golf meet with the exception of the sixth person.

j. **Wrestling**- Those wrestlers who earn 35 points will receive a varsity letter. All other team members who do not attain this standard will receive a certificate.

How Points are Earned- Points will be awarded for each meet a wrestler participates in. Dual meet-1 pt; Conference Meet- 2 pts; Sectional, Regional, Semi-State, or State- 3 pts. 3 pts. For a decision, 6 pts for a pin, and 1 pt. for a tie will be awarded for all dual meets.

Points for the conference, sectional, regional, semi-state, and state are as follows:
Decisions-1pt, pins- 3 pts. Conference Match: 4th place- 5 pts, 3rd place- 8 pts, 2nd place- 12pts, 1st place- 15pts.

k. **Soccer**- A player must achieve varsity status by participating in 50% of the halves played in regular season.

l. **Cheerleaders**- The cheerleader must participate in 80% of the varsity quarters played to earn a varsity letter. All other members of the squad not attaining this standard will receive a JV certificate.

Competition Cheerleader- The cheerleader must complete the summer competition season and one sport season (Football or Basketball) to earn a chenille megaphone patch w/year.

m. All candidates must have met the IHSAA and school rules.

n. Coaches must recommend all recipients to the Athletic Director.

o. All candidates must display proper sportsmanship to opponents, officials, and teammates.

p. All athletes must have returned all equipment to the satisfaction of the coach and Athletic Director.

q. In most instances, the athlete must complete the season. Injuries may waive this consideration for an athlete well into the season who has made an outstanding contribution to the team. The injury must be related to the sport (occurred in practice or game) and the candidate is not allowed to participate further in athletics on orders from a doctor. The candidate must further be qualifying for the award at the time of the injury.

r. The coaches of each sport reserve the right to recommend any senior athlete for an award who, in their estimation, has contributed satisfactorily.

s. Attitude on and off the athletic arena are to be taken into consideration when an athlete is recommended for an award.

t. Athletes who transfer to MHS from another school will receive credit from their athletic record at the previous school after they have won a varsity award at MHS.

u. A participant must be regular in attendance at practice. He/She is to meet the practice schedule as set forth by the coach or assistant coach.

v. The coach of each sport will certify that each participant recommended for an award has met the minimum requirements as listed in handbook for that particular sport.

w. A participant must be eligible and available at all times throughout the season for his/her chosen sport(s). The coach will determine excused or unexcused absences from practice or contests.

1. Any coach may appeal to the athletic council of behalf of any deserving athlete who does not qualify under the letter guidelines.

B. Conducting awards programs.

1. Fall:

Boys and Girls Cross Country , Football , Volleyball, Girls Golf, Boys and Girls Soccer, Cheerleading.

2. Winter:

Boys and Girls Basketball, Wrestling, Cheerleading.

3. Spring:

Baseball, Boys Golf, Softball, Boys and Girls Track

C. Nature of the awards.

1. Reserve and Freshman: Certificate of participation

2. 1st Varsity award: Varsity certificate, bar, sports emblem. 2nd Varsity award: Certificate, bar, and are eligible for athletic jacket (approximately \$160.00 from Tri-County Sports) Varsity Jackets will not be purchased by the Athletic Department. 3rd Varsity award-7th Varsity award: Certificate, and bar 8th Varsity Award: Certificate, and Bar

Lost emblems or bars may be replaced for \$2 each.

3. Special Letters:

Any athlete whose name appears on the Sectional roster of a sectional championship team and who makes a significant contribution to the championship may receive a varsity letter (coach's discretion). The athlete must be academically eligible throughout the tournament series.

D. Awards Program

1. The awards program is considered an extension of the athletic season and all athletes are expected to attend. An excused absence on the part of the athletes may come from the Athletic Director.

2. An absence that is not properly excused will mean forfeiture of the award.

MISCELLANEOUS

A. Intramurals

1. Intramural contest should not displace athletic contests, practices, or open gyms.

B. Duties of the Principal

1. The Principal shall have complete control of the athletic program. This is an IHSAA regulation.

C. All-Sport Family Plan Ticket:

1. Members of the immediate family will be entitled to admission to home athletic events, girls and boys, grades 9 through 12, excluding tournaments.
 - a. Cost per family: \$135.00/yr.

D. All-Sports Season Ticket:

1. Entitles the individual admission to home athletic events, girls and boys, grades 9 through 12, excluding tournaments.
 - a. Cost per adult: \$55/yr.
 - b. Cost per student: \$35/year
 - c. Cost per senior citizen: \$30/yr.

E. General Admission Prices:

- a. Cost per adult: \$5
- b. Cost per student: \$5

F. Chain of Command

1. Coaches, athletes and parents will follow the line of authority as established by the Monroe-Gregg School Board of Education, as follows:
 - a. Monroe-Gregg School Board of Education
 - b. Superintendent of Schools
 - c. Principal
 - d. Athletic Director

e. Head Coach

f. Assistant Coach

2. Problems should first be discussed on the lowest level of the chain of command before going to a higher level.

G. Athletic Council

1. All varsity head coaches, strength and conditioning coach, athletic director, principal, and assistant principal comprise the athletic council.

ATHLETE'S RULES AND REGULATIONS

A. All rules and regulations of the Monrovia High School Coaches and Athletic Handbook must be met before athletic participation may take place. **An athlete is an athlete 365 days of the year.** Any violation during or between seasons will be handled in accordance with the Handbook. An assigned penalty will begin at the start of the season for all preseason offenses. Summer violations will be recorded and defined as the period of time from the end of spring participation to the first IHSAA practice date for fall sports.

B. Violations of training rules as listed in the Handbook will be investigated immediately upon receiving the report by the coach and the Athletic Director. If the charge is not substantiated, the source of the charge will be notified and no further action will be taken. If substantial evidence appears to exist, the following action will be implemented (in or out of season).

1. The athlete may be subject to suspension from 25% of the season to an indefinite period for the first offense depending on when the infraction took place.

2. A second offense will result in a suspension of athletics by the Principal/Designee for a minimum of one calendar year, beginning from the date of the second or succeeding violations.

3. A third offense will result in a suspension of athletics for the remainder of the student's athletic career. The student may request reinstatement after a minimum of 1 calendar year from date of suspension.

C. Nothing in this policy shall be construed to require the school corporation to follow the provisions of the Due Process and Pupil Discipline Statute (IC 20-8.1-5) in removing a student from participation in any athletic activity.

D. Specific Rules for alcohol, drugs (includes controlled substances, look--likes, and drug paraphernalia), and tobacco products.

1. An athlete shall not use or consume, have in his/her possession, buy, sell, or give away drugs, alcohol, or tobacco. **Attending** an event where this rule is knowingly being violated will be treated the same as violating the above rule unless the athlete leaves immediately.

Exceptions: The policy does not apply to an athlete who has a valid prescription or order for a controlled substance, so long as the prescription or order was written for the athlete. This policy does not cover the use (not abuse) of over-the-counter medications for colds, allergies, and minor pain.

E. Penalties for violating the rule for alcohol, drugs, or tobacco per school year.

1. First Offense: dismissal for 42 calendar days or 21 days with 3 approved alcohol/drug awareness sessions or a minimum of 6 hours of alcohol/drug awareness classes. The sessions **MUST** be sought out by the parents/guardians. The student-athlete will be re-instated 21 calendar days after the last session date. **If a student chooses to serve his/her suspension through a secondary sport, that student must complete the secondary season in good standing to have the suspension fulfilled. This is under the discretion of the coach of the secondary sport.**

D. Voluntary Referral

If a student athlete or the student athlete's parent/guardian voluntarily refers the student athlete to a school official (coach, athletic director, teacher, administrator, or guidance counselor) for a substance abuse problem and the self referral or parent referral occurs prior to any legal involvement and/or any school-initiated investigation, the athletic code penalty will be waived if the student-athlete agrees to the following conditions:

1. The student athlete must schedule an assessment at a school approved facility. Written documentation from the facility verifying the scheduled assessment must be provided to the school.
2. The student athlete must adhere to any recommendations made by the approved facility as a result of the assessment.
3. The expenses of the assessment and treatment are the responsibility of the student athlete and/or the parent/guardian.
5. The student athlete must agree to submit to random drug screens (not to exceed fifteen) for 365 calendar days from the time of issuing penalty.
6. These random drug screens must result in negative test results for the student to remain eligible to participate.
7. The expense of the random drug screens are the responsibility of the student athlete and the parent/guardian.
8. It shall be the policy of Monrovia High School to oppose any

IHSAA athletic transfer for a student athlete who is serving a penalty for an athletic code violation.

In the case of a voluntary self referral by a student athlete, the parent/guardian of the student athlete will be notified. The voluntary referral clause can only be used one time during a student athlete's entire high school career and can only be used for the first offense of **section E and F of "Athlete's Rules and Regulations"**. The next offense will count as a second offense.

If at any time, the student/athlete does not comply within a set time frame with ANY part of the conditions set forth in the voluntary Referral program, the initial suspension of 42/21 calendar days will take effect immediately.

2. Second Offense: suspension for a minimum of one calendar year

3. Third Offense: Suspension from all athletic participation for the remainder of high school career. The student may request reinstatement after a minimum of one calendar year from date of suspension. This request for reinstatement must be in writing with reasons for reinstatement. It is to be given to the Principal/Designee.

F. Unauthorized possession of school-owned/non-school owned property per school year.

1. First Offense: dismissal or 42 calendar days or 21 days with 3 approved awareness sessions. The sessions **MUST** be sought out by the parents/guardians. The student-athlete will be re-instated 21 calendar days after the last session date.

2. Second Offense: suspension for a minimum of one calendar year

3. Third Offense: Suspension from all athletic participation for the remainder of high school career. The student may request reinstatement after a minimum of one calendar year from date of suspension. This request for reinstatement must be in writing with reasons for reinstatement. It is to be given to the Principal/Designee.

G. Use of Abusive Language and/or Personal Confrontation (fighting).

1. Penalties begin with competitive season.

2. First offense: coach's discretion with approval of the Athletic Director.

3. Second offense: Principal, Athletic Director, and Coach will handle problem with minimum penalty of one contest for language and two contests for fighting.

4. All other offenses will be handled by the same group with penalties increasing.

H. Involvement With Law Enforcement Agencies.

1. Penalties begin with competitive season.

2. Based on conviction, admission by the athlete, or police report. (Minor traffic violation excluded.)

a. Misdemeanors: up to one year maximum suspension.

b. Felonies: minimum suspension for at least one calendar year and possible suspension for entire high school career.

I. School-owned Equipment

1. Equipment issued to athletes remains the property of the school. Exception: When the athlete pays a part of the cost and is permitted to retain the item and then turn it in at the conclusion of the season. The athlete is to be responsible for the proper maintenance of the item. The coach is responsible for the equipment being returned.

2. Equipment that is not returned is to be paid for by the athlete. The cost will be equal to the replacement cost.

J. Quitting Or Being Dismissed From A Team

1. Once a student begins practice in a sport and his/her squad membership is terminated by a coach for reasons other than being cut due to lack of ability; they are not eligible to practice or participate in any other sport in the current season (including intramurals) unless given approval by the Athletic Director and by mutual consent of the coaches involved. A complete investigation is to be made.

2. When an athlete quits a team, he/she may not try out for the next season sport until the team he quit finishes their current season.

a. Only mutual consent of the coaches involved and the Athletic Director may waive this rule-.

b. The rule further prohibits preseason conditioning for another sport, weight training, or intramurals until the uncompleted season has ended.

K. Multi-Sport Participation per season

1. An athlete is permitted to participate in more than one sport per season. There must be mutual consent by the coaches involved and the athletic director. The athlete **MUST**

declare a primary sport. The declared primary sport will trump the other sport when games conflict. Games trump practices.

2. No individual, group, or team may hold formal or informal practices, workouts, or open gyms which conflict with scheduled practices or contests of in-season teams.

L. Additional Circumstances

1. Any and all situations not properly covered by these regulations are to be presented by the coach and resolved by the Athletic Director and Principal.