



Monrovia High & Middle School Breakfast & Lunch Menu



**February
2012**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Rise and Shine!</p> <p>Includes Fruit or Juice and Milk \$1.25</p>			1 Assorted Cereal & Toast Juice, Milk	2 Breakfast Pizza Juice, Milk	3 Pancake on a Stick Juice, Milk
	6 Chicken Biscuit Juice, Milk	7 Pancakes & Syrup Juice, Milk	8 Assorted Cereal & Toast Juice, Milk	9 Omelet Juice, Milk	10 Breakfast Sandwich Juice, Milk
	13 Waffles & Syrup Juice, Milk	14 Eggstravaganza & Toast Juice, Milk	15 Assorted Cereal & Toast Juice, Milk	16 Breakfast Pizza Juice, Milk	17 Pancake on a Stick Juice, Milk
	20 Chicken Biscuit Juice, Milk	21 Pancakes & Syrup Juice, Milk	22 Assorted Cereal & Toast Juice, Milk	23 Omelet Juice, Milk	24 Pancake on a Stick Juice, Milk
	27 Waffles & Syrup Juice, Milk	28 Eggstravaganza & Toast Juice, Milk	29		
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Classic Cobs</p> <p>Includes Fruit, Vegetable, Milk \$2.20</p>			1 Homemade Lasagna Hamburger on a Bun Tossed Salad, Pineapple Garlic Bread Stick	2 Pancakes & Sausage Chicken Patty on a Bun Potato Triangles, Hot Apples Cinnamon Goldfish	3 Porcupine Sliders Cheese Pizza Peas, Chilled Applesauce Animal Crackers
	6 Cheeseburger & Fixins Shredded Pork BBQ Curly Fries, Chilled Peaches Pasta Salad	7 Roasted Chicken w/Rice Chicken Fajitas Carrots, Strawberry Delight Fudge Brownie	8 Chicken & Noodles Hamburger on a Bun Potatoes, Orange Salad Homemade Yeast Roll	9 Walking Taco Grilled Chicken Corn, Mixed Fruit Spanish Rice	10 Meatloaf Cupcake Cheese Pizza Cheesy Potatoes, Peach Cup Cheddar Whales
	13 Mini Corn Dogs w/Mac Turkey Pot Pie Carrots, Chilled Peas Baked Fries, Sugar Cookie	14 Chicken Nuggets BBQ Pork Riblet Green Beans, Peaches Chocolate Chip Cookie	15 Spaghetti & Meat Sauce Hamburger on a Bun Tossed Salad, Pineapple Garlic Bread Stick	16 Bulldog Chili Chicken Patty on a Bun Celery Sticks, Apricots Peanut Butter Smoothie	17 Parmesan Crusted Fish Cheese Pizza Broccoli, Mixed Fruit Birthday Cake
	20 Beefy Nachos Chicken Marinara on a Bun Seasoned Corn, Peaches Spanish Rice	21 Ham & Broccoli Tater Tot Mozzarella Sticks Carrots, Peach Cup Fresh Baked Bread Stick	22 Chicken & Noodles Hamburger on a Bun Potatoes, Orange Salad Homemade Yeast Roll	23 French Toast & Sausage Hot Dog on a Bun Tator Tots, Hot Apples Snickerdoodle Cookie	24 Cheese Bread Turkey & Cheese Sub Mixed Veggies, Mixed Fruit Pretzel Twists
	27 Orange Bites & Lo Mein Turkey BLT Wrap Lima Beans, Chilled Peaches Fortune Cookie	28 Italian Stromboli Meat Ball Sub Carrots, Strawberry Delight Chocolate Graham Bear	29 Turkey & Gravy Hamburger on a Bun Potatoes, Green Beans Homemade Yeast Roll		
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Golden Fresh Choices</p> <p>Includes Fruit, Vegetable, Milk \$2.20 Located in the Grab & Go Cooler</p>			1 Deluxe Cheese Sandwich Peanut Butter Sandwich	2 Chicken Apple Pecan Salad Chicken Caesar Wrap	3 Chicken Salad Sandwich Grilled Chicken Salad
	6 Berry Good Salad Turkey BLT Wrap	7 Chicken Caesar Salad Peanut Butter Pita	8 Deluxe Cheese Sandwich Peanut Butter Sandwich	9 Chicken Apple Pecan Salad Chicken Caesar Wrap	10 Chicken Salad Sandwich Grilled Chicken Salad
	13 BLT Pasta Chicken Caesar Wrap	14 Chicken Caesar Salad Peanut Butter Pita	15 Deluxe Cheese Sandwich Peanut Butter Sandwich	16 Chicken Apple Pecan Salad Chicken Caesar Wrap	17 Chicken Salad Sandwich Grilled Chicken Salad
	20 Berry Good Salad BLT Pasta	21 Chicken Caesar Salad Peanut Butter Pita	22 Deluxe Cheese Sandwich Peanut Butter Sandwich	23 Chicken Apple Pecan Salad Chicken Caesar Wrap	24 Chicken Salad Sandwich Grilled Chicken Salad
	27 Berry Good Salad Chicken Caesar Wrap	28 Chicken Caesar Salad Peanut Butter Pita	29 Deluxe Cheese Sandwich Peanut Butter Sandwich		
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Chef's Choice</p> <p>Prices \$2.25-\$2.75</p>			1 Quarter Pounder & Fries Bosco Sticks	2 Spicy Chicken Sandwich with Spicy Fries	3 Chicken Caesar Salad Bread Sticks & Cheese
	6 Crisпитos with Fixins Bread Sticks & Cheese	7 Homemade Pizza by the Slice	8 Chicken & Noodles Bosco Sticks	9 Spicy Chicken Sandwich with Spicy Fries	10 Grilled Paninni Bread Sticks & Cheese
	13 Make your own Sub Bread Sticks & Cheese	14 Homemade Pizza by the Slice	15 Gourmet Salad Bar Bosco Sticks	16 Spicy Chicken Sandwich with Spicy Fries	17 Nacho Supreme Bread Sticks & Cheese
	20 Philly Cheese Steak Bread Sticks & Cheese	21 Homemade Pizza by the Slice	22 Chicken & Noodles Bosco Sticks	23 Spicy Chicken Sandwich with Spicy Fries	24 Dawg's Chinese Bread Sticks & Cheese
	27 Make your own Sub Bread Sticks & Cheese	28 Homemade Pizza by the Slice	29		

Menus subject to change without notice.

FEBRUARY
HARVEST OF THE MONTH

Mango
Bok Choy
Lima Beans

Soybeans are an important ingredient for the production of crayons. In fact, one acre of soybeans can produce 82,368 crayons.

Elevators in the Statue of Liberty use a soybean-based hydraulic fluid.



Free & Reduced-meal forms can be obtained from all building offices at any time throughout the school year.

To check the balance in your account or for additional information, contact:
Mrs. Dirlam
99602246 ext. 4402



Milk Choice of 1%, Skim and 1% Chocolate is included with Lunch.

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.